

NADJESCHDA TARANCZEWSKI



Nadjeschda Taranczewski has worked as an executive and team coach in the areas of leadership & team-development, culture transformation, and as speaker and author since 2001. After studying art for a short time, Nadjeschda completed a master's degree in Psychology in order to make room for her second big passion: the understanding, supporting and development of people. Today, she works with international companies that appreciate sustainability as a combination of business sense and a passion for people. She supports teams and team leaders to implement new ways of working and helping them to align around values and rituals as the foundation for a learning organization.

Experience

- **2006- Present: Coach and Facilitator** for McKinsey & Company and Asterys in the areas of:
 - values based cultural transformations,
 - introducing a coaching culture in leadership,
 - coaching of top-executives and
 - development of internal coaches.
- **2004-2010:** Design and facilitation of a **year-long coaching programme** for **school principals** in Bavaria and Berlin in cooperation with the Bildungswerk der Bayrischen Wirtschaft
- **2003:** Design and facilitation of the **doctoral student coaching programme** at the **Humboldt-Universität, Berlin** and the **Johannes-Gutenberg-Universität, Mainz**
- **2003-2005:** **President of the International Coach Federation**, Germany
- **2001- Present: founder and owner of Circumplex Coaching**

Education/Training

- Trained as **Trauma Releasing Exercises**-Facilitator by David Berceili (2013)
- Trained as **Voice Dialogue Facilitator** with John Kent and Michael Zimmermann (2012)
- Awarded the **Master Certified Coach (MCC)** credential by the International Coach Federation with more than 3.200 documented coaching hours (2011)
- Trained in **Systemic structure constellations** with Matthias Vargas von Kibéd and Insa Sparrer (2011)
- Trained by Alain Cardon in the **breakthrough process** for **team financial strategy planning** (2010)
- Licensed as **Clean Language Coach** by Angela Dunbar, UK (2009)
- **Spiral Dynamics Level I + II** with Dr. Chris Cowan (2009)
- Trained by Alain Cardon in the **delegated meeting process** for team **financial strategy planning** (2009)
- Trained by Alain Cardon in the **cubes process** for **team strategy and risk management planning** (2009)
- Trained and licensed by Peter Koenig in **the money work** (2009)
- Licensed as **ExecuTAP™ (Executive Team Alignment Process) Facilitator** by Miles Kierson, Amsterdam (2008)
- Awarded the **Professional Certified Coach (PCC)** credential by the International Coach Federation (2007)
- Trained and licensed in **Appreciative Inquiry** by Dr. David Cooperrider (2007)
- Trained and licensed as **Facilitator of Transformation** by McKinsey & Company (2006)
- Graduate of **Coaching Development**, London (2005)
- **Spiral Dynamics Level I + II** with Dr. Don Beck, Berlin (2004)
- Graduate of **CoachU Int.**, USA. (2004)
- **Master in Psychology**, Johannes-Gutenberg-Universität, Mainz and University of Utah, Salt Lake City

Personal interview

What do you like to do in your personal time?

Nadjeschda: I am passionate about movies because I am fascinated by stories about people and their lives and alternate realities. Hard Science Fiction is especially exciting but generally, I love good story telling regardless of the genre. I love to read, anything from self-help books and publications to novels. I draw and I take regular time out to paint with my mother or my best friend. For friends and family I love to cook and I enjoy good food - especially with long conversations around a big table!

What did you want to be when you were ten?

Nadjeschda: An artist, no doubt. During my art studies in London at age 19, I realized that it is a big challenge and commitment to make a living from art. I got scared and picked up Psychology instead. Slowly, the little artist in me is awakening again. I have invested a lot more time in the past two years to draw and paint, which brings me great joy.

What really makes you feel alive?

Nadjeschda: To fully and deeply experience the relationships I have with others. This is true for people in my personal life, but also with my clients. To “see” someone and to be seen by someone is incredible. Besides that, I feel alive whenever I can immerse myself fully in something, when I am in a flow, whether during a great conversation, while drawing, watching a good movie or cooking.

What is your Mission for coaching?

Nadjeschda: Let me begin my answer with one of my favourite quotes: “What if the question is not why am I so infrequently the person I really want to be, but why do I so infrequently want to be the person I really am?” I think this is a very sharp observation. In the conversations with my clients it is my goal to allow them to experience and appreciate who they are, now. Not someday. I believe that conscious development is only possible from a place of loving and sober self-awareness.

What are the main focal points of your work?

Nadjeschda: I feel that helping people to simply observe and challenge what so far has been self-evident can trigger change. I find it indispensable to inquire into the nature of our thinking. To sustainably achieve better results individually and together with others, we need to understand how we construct reality from the inside out. In short, one could say, I am interested in the interfaces between perception, interpretation and our colliding individual realities.

What would you say is your ideal coach-client relationship?

Nadjeschda: I enjoy working with people who are hungry for change, who want to know more, who are willing to question themselves and are ready to change. It troubles me when someone says “this is just who I am!” and uses this as an excuse to repel or reject anything new. I am fond of those people who have preserved a childlike sense of curiosity.